

WHEN TO STOP: IDENTIFYING BOREDOM



n.l.e
NON LINEAR EDUCATION

Module 1

Assumption of Intelligence Reveals Intelligence

STOP TEACHING

- When your child looks bored.
- When your child is angry
- When your child is so excited by, say a STIM, that they are not paying attention.

But most importantly, **when your child is BORED**. If learning is not fun, it will not happen.

Learn to identify BOREDOM in your child :

This can be :

- sudden loss of eye contact [with the area or object of interest]
- sudden excitement and hyper-interest in another area
- other non-verbal signs that your child is not listening and is simply **DONE!**

When this happens, **stop the lesson**, engage your child in another movement based FUN activity and come back later to the lesson. It is OK if the lesson lasts only for 5 minutes.

BOREDOM may also be a sign that you need to move on to a more complex lesson.

Differentiating BOREDOM from lack of UNDERSTANDING is the biggest change you can make in this course! What if you can't, you ask?

I have a really helpful clue for you - assume it is BOREDOM. You heard that right, when in doubt - assume it is BOREDOM.

Disclaimer: The information provided in this lesson is for educational purposes only. Vaishnavi Sarathy, Ph.D. is an educator, not a doctor, specifically not your child's doctor. Please consult your physician before implementing any supplement or diet recommendations.

